

Soul Healing

INTRO:

We are created in the image of God, a trinity – Spirit, Soul and Body.

We are a spirit:

- eternal
- born again or dead in sin
- alive
- communicates with God
- communion with Holy Spirit

We have a soul:

- mind
- will
- emotions
- inner you
- gets wounded
- gets attacked

We live in a body:

- flesh
- will die
- shell
- glove

We feed our soul and spirit just like our body... but what kind of food?
TV, movies, music, words...all go into the soul.

John 6:63 It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life. ~ Jesus

I. God alone satisfies the soul.

Psalms 107:9 For He satisfies the longing **soul**, And fills the hungry soul with goodness.

Psalms 35:9 And my **soul** shall be joyful in the Lord; It shall rejoice in His salvation.

Matthew 11:29 Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your **souls**.

II. Man sins against his own soul.

Proverbs 6:32 Whoever commits adultery with a woman lacks understanding; He *who* does so destroys his own **soul** .

Proverbs 8:36 But he who sins against me wrongs his own **soul**; All those who hate me love death.”

Ezekiel 18:4 “Behold, all souls are Mine; The soul of the father As well as the soul of the son is Mine; The soul who sins shall die.

III. Our soul is hungry and thirsty.

Psalms 42:1-2 As the deer pants for the water brooks, So pants my **soul** for You, O God. My **soul** thirsts for God, for the living God. When shall I come and appear before God?

Psalms 63:1 O God, You *are* my God; Early will I seek You; My **soul** thirsts for You; My flesh longs for You In a dry and thirsty land where there is no water.

Psalms 63:5 My **soul** shall be satisfied as with marrow and fatness, And my mouth shall praise *You* with joyful lips.

Psalms 63:8 My **soul** follows close behind You; Your right hand upholds me.

IV. We can pour out our soul in prayer to God.

Hannah:

1 Samuel 1:10 And she *was* in bitterness of **soul**, and prayed to the Lord and wept in anguish.

1 Samuel 1:15 But Hannah answered and said, “No, my lord, I *am* a woman of sorrowful spirit. I have drunk neither wine nor intoxicating drink, but have poured out my **soul** before the Lord.

V. Our soul is of extreme & eternal value.

Mark 8:36-37 For what will it profit a man if he gains the whole world, and loses his own **soul**? Or what will a man give in exchange for his **soul**?

Luke 12:20 But God said to him, ‘Fool! This night your **soul** will be required of you; then whose will those things be which you have provided?’

Matthew 16:26 For what profit is it to a man if he gains the whole world, and loses his own **soul**? Or what will a man give in exchange for his **soul**?

VI. We can have godly soul ties.

David & Jonathan:

1 Samuel 18:1 Now when he had finished speaking to Saul, the **soul** of Jonathan was knit to the **soul** of David, and Jonathan loved him as his own **soul**.

1 Samuel 18:3 Then Jonathan and David made a covenant, because he loved him as his own **soul**.

Acts 4:32 Now the multitude of those who believed were of one heart and one **soul**; neither did anyone say that any of the things he possessed was his own, but they had all things in common.

2 Corinthians 12:15 And I will very gladly spend and be spent for your **soul** s; though the more abundantly I love you, the less I am loved.

VII. We can have ungodly soul ties.

Sampson & Delilah:

Judges 16:4-5,16

4 Afterward it happened that he loved a woman in the Valley of Sorek, whose name *was* Delilah. **5** And the lords of the Philistines came up to her and said to her, “Entice him, and find out where his great strength *lies*, and by what *means* we may overpower him, that we may bind him to afflict him; and every one of us will give you eleven hundred *pieces* of silver.”

16 And it came to pass, when she pestered him daily with her words and pressed him, sothat his soul was vexed to death,

VIII. The soul can be broken, hurt or wounded.

1 Samuel 1:10 And she *was* in bitterness of soul, and prayed to the Lord and wept in anguish.

Mark 14:34 Then He said to them, “My **soul** is exceedingly sorrowful, *even* to death. Stay here and watch.”

Job 19:2 “How long will you torment my **soul**, And break me in pieces with words?

Hebrews 12:3 For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your **souls**.

1 Peter 2:11 Beloved, I beg *you* as sojourners and pilgrims, abstain from fleshly lusts which war against the **soul**.

Peter 1:9 Receiving the end of your faith—the salvation of *your souls*.

IX. Wisdom blesses the soul.

Proverbs 19:8 He who gets wisdom loves his own **soul**; He who keeps understanding will find good.

Proverbs 19:16 He who keeps the commandment keeps his **soul**, *But* he who is careless of his ways will die.

X. The soul can be saved, restored, redeemed.

Hebrews 10:39 But we are not of those who draw back to perdition, but of those who believe to the saving of the **soul**.

Psalms 34:22 The Lord redeems the **soul** of His servants, And none of those who trust in Him shall be condemned.

Psalms 49:15 But God will redeem my **soul** from the power of the grave, For He shall receive me.

XI. Words affect our soul.

Proverbs 16:24 Pleasant words *are like* a honeycomb, Sweetness to the **soul** and health to the bones.

Proverbs 18:7 A fool's mouth *is* his destruction, And his lips *are* the snare of his **soul**.

XII. Greatest commandment is to love the Lord our God with all our heart & soul, strength and mind.

Deuteronomy 6:5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength.

Mark 12:30 And you shall love the Lord your God with all your heart, with all your **soul**, with all your mind, and with all your strength.' This *is* the first commandment.

Mark 12:33 And to love Him with all the heart, with all the understanding, with all the **soul**, and with all the strength, and to love one's neighbor as oneself, is more than all the whole burnt offerings and sacrifices."

XIII. We must purify our soul.

1 Peter 1:22 Since you have purified your **souls** in obeying the truth through the Spirit in sincere love of the brethren, love one another fervently with a pure heart.

James 1:21 Therefore lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save your **souls**.

Hebrews 4:12 For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of **soul** and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.

XIV. God alone keeps our soul.

1 Peter 2:25 For you were like sheep going astray, but have now returned to the Shepherd and (Bishop) Overseer of your **souls**.

1 Peter 4:19 Therefore let those who suffer according to the will of God commit their **souls to Him** in doing good, as to a faithful Creator.

Psalms 121:7 The Lord shall preserve you from all evil; He shall preserve your soul.

XV. God alone heals the soul.

Psalms 41:4 I said, "Lord, be merciful to me; Heal my **soul**, for I have sinned against You."

Psalms 23:3 He restores my **soul**; He leads me in the paths of righteousness For His name's sake.

CONCLUSION:

God wants to heal your soul to HEAL YOUR LIFE!!!

3 John 1:2 Beloved, I pray that you may prosper in all things and be in health, just as your **soul** prospers.

As goes your soul, so goes your life, health, relationships, finances, etc...

Does YOUR soul magnify the Lord???

Luke 1:45 Blessed *is* she who believed, for there will be a fulfillment of those things which were told her from the Lord."

The Song of Mary

46 And Mary said:

“My **soul** magnifies the Lord,

47 And my spirit has rejoiced in God my Savior.

HOW? How is the soul healed or restored?

1. FORGIVENESS
2. DELIVERANCE
3. THE WORD
4. THE HOLY SPIRIT

How to protect your soul, keep the anointing, stay clean, live holy...

1. No sin – Choose not to sin willfully, knowingly, choose life, choose God
2. No Offenses – Forgive often and quickly
3. Prayer – Pray without ceasing, Communion with the Holy Spirit
4. Worship – Worship, sing, praise Him often, daily, and in your heart